

TURISMO SOLIDARIO

EN KENYA CON SOLES DE AFRICA



The Big Five of Africa

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Jambo sana!

Normalmente el turismo solidario se define como una forma de viaje en la que, además de apreciar los atractivos del país que se visita, permite colaborar aportando donativos y realizando alguna visita en destino.

En nuestro caso le damos la vuelta a la tortilla y lo definimos justamente al contrario.

Desde Soles de Africa ofrecemos a nuestros voluntarios y visitantes que ayudan en nuestros proyectos, la oportunidad de conocer el país que visitan, en nuestro caso Kenya.

El viaje a Kenya desde España es largo y en pocas ocasiones se escoge como destino porque precisamente “no está a tiro de piedra”, así que pensamos que una vez aquí por qué no aprovechar para adentrarse y conocer un poco más un país tan excepcional y único como Kenya, haciendo turismo de forma sostenible directamente de la mano de gente local, sin intermediarios, de forma que su dinero se quede directamente en la comunidad y el margen de las grandes agencias y tour-operators se destine al proyecto humanitario que deseen.

Es una maravillosa forma de turismo responsable. No sólo se trata de hacer un safari standard, es algo que va mucho más allá, es mucho más profundo. Nuestros turistas solidarios aportan su grano de arena en zonas deprimidas a través de su voluntariado social, accediendo a nuevas realidades, mezclándose con nuevas culturas, descubriendo costumbres y tradiciones distintas, colaborando en los trabajos de la comunidad anfitriona. Viviendo y experimentando, en definitiva, todo aquello que no se puede encontrar en una guía turística o en un viaje comercial de agencia.

Se dice que normalmente los viajeros solidarios son principalmente gente joven, de entre 20 y 35 años. En su mayoría personas de clase media-alta, profesiones liberales, y educación universitaria. Sin embargo en nuestro caso esto no es aplicable, a **SOLES DE AFRICA** vienen personas de cualquier edad, solitarias y también grupos, madres con hijos, parejas, familias, colegios, asociaciones, etc. Sin embargo algo sí les define, son de cualquier estrato social, bajo medio y alto. También gente universitaria y profesional, pero también trabajadores y voluntarios sin estudios y sin casi recursos, muchos back-packers. Acceder a nuestro Turismo Solidario y su Programa de Voluntariado no requiere de altos ingresos, sólo ganas de dejar huella y aprender experiencias irrepetibles.

Nuestros visitantes y viajeros tienen alma aventurera, personas que no se preocupan sólo de su propio disfrute, sino que tienen en cuenta cómo y dónde gastan su dinero y los efectos sociales ambientales y culturales de su visita en nuestra comunidad. Quien participa en nuestros programas no se interesa sólo en pasárselo bien de turismo, sino que piensa y se preocupa mucho de los beneficios que puede dejar su actividad en el desarrollo de la comunidad que visita.

Sabemos que el turismo solidario es todavía una pequeñísima parte de los fondos turísticos mundiales, sin embargo es nuestra elección, nuestra apuesta. ¿Te apuntas?

Si es así, entonces Karibu Kenya!



AROUND NAIROBI TOURS

130€ day/person

Traveler has the possibility of hiring for single days or the whole package.
Choose and enjoy what you want most!

TOUR 1: HALF DAY NAIROBI NATIONAL PARK TOUR

Pick up the client on Friday at SOLES DE AFRICA Kitengela at 6.00am and then proceed to the NAIROBI NATIONAL PARK. Early in the morning when dawn is when the lions go hunting and there is more chance to see them. You can also see giraffes, boars, zebras, rhinos, leopards, and other animals in their wild natural state.



Nairobi National Park with Skyline

TOUR 2: KAREN AREA & ANIMALS TOUR

Pick up the client on Friday at SOLES DE AFRICA Kitengela at 8.00am and then proceed to the tour visiting:

DAVID SHELDRIK ELEPHANT ORPHANAGE

The Sheldrick Wildlife Trust operates a rescue and rehabilitation program for orphaned elephants in Kenya, the elephant nursery in Nairobi National Park offers a safe haven for orphaned elephants because of poaching. It offers the first stage in manual breeding and development of baby elephants dependent on milk. Once they reach their food independence, after two or three years, they are transferred to the Reintegration Centers in the Tsavo East National Park where they will return to nature.



David Sheldrick Elephant Orphanage

GIRAFFE CENTER

The Giraffe Center was established to protect the endangered giraffe found only in grasslands in eastern Kenya. It is an authentic natural sanctuary that allows awareness and education about free life. They include several breeding pairs of Rothschild giraffes, which allow their perpetuity. You can feed the giraffes directly from an elevated observation deck. The center also houses several families of wild boars that live in freedom alongside giraffes.



Giraffe Center

KAREN BLIXEN HOUSE MUSEUM

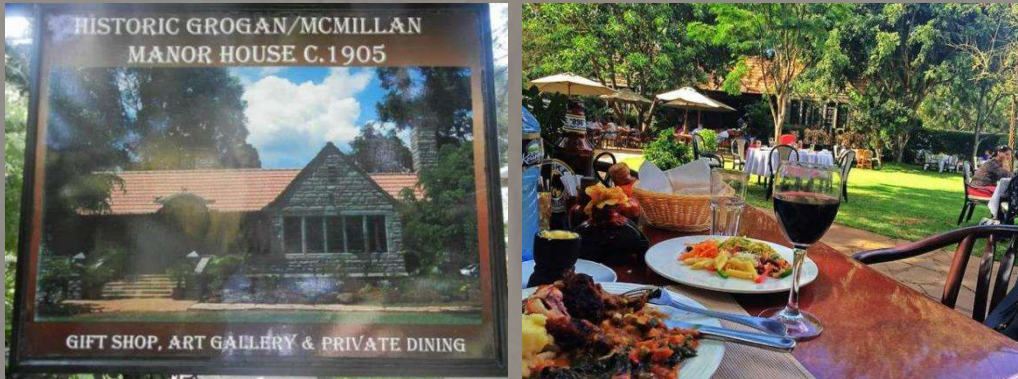
You can visit the beautiful house of Karen Blixen, author of "Out of Africa", memories on which the famous film MEMORIES OF AFRICA based, with actress Meryl Streep was protagonist. In fact, this is the real house where the film was recorded. You can visit it's private rooms with the help of a guide and sit and contemplate the famous Ngong Hills.



Karen Blixen House Museum

MANOR OLD HOUSE & TAMAMBO KAREN

After the visit you will have the opportunity to visit also the small house where Karen's lover lived (Baron Denis Finch, Robert Redford in the movie), converted today into an exclusive hotel. Next to it you can taste the best food in the garden restaurant TAMAMBO KAREN.



Manor Old House & Tamambo Karen restaurant

TOUR 3: NAIROBI TOUR & RESTAURANTS

Any day it is good to enter the Down Town of Nairobi, stroll through UHURU PARK and visit the roof of the mythical KENYATTA INTERNATIONAL CONFERENCE CENTER building, the first skyscraper in Nairobi from which to observe the city as a whole with incomparable views.



Uhuru Public Park & Kenyatta Conference Center Building

For lunch or dinner we recommend the mythical meeting place for expats and Spaniards to have tapas and wine “LA TASCA SPANISH CORNER” located in Lavington Mall and then go to have drinks by “KENGELES” with live concerts two days a week sited in the same mall place



SPECIAL CONDITIONS: Customers will be picked up and taken back to SOLES DE AFRICA by car and will always be accompanied by a guide. Tickets included in the price. Food, drink, tips, and personal purchases not included.

2 DAYS KENYA SAFARI

440€ person

DAY 1: AMBOSELI PARK

Pick up the client at SOLES DE AFRICA Kitengela at 7.00am and then proceed to AMBOSELI PARK to arrive on time to check-in and have a lunch around 1.00pm Time to cool off in your room or dive into the fabulous pool with views of Mount Kilimanjaro covered in snow. You will have an introductory presentation of the afternoon activity that will begin around 3.30pm in the park with perfect views of the highest mountain in Africa. With this magnificent backdrop you will have the opportunity to observe and photograph large herds of elephants accompanied by a kaleidoscope of other fabulous wild animals in the wild like lions, buffalo, cheetahs, giraffes, gazelles, hippos and wildebeest, to name a few. This is one of the most heartbreaking and beautiful views of Africa. Then return to the camp for dinner and overnight. Approximate duration of ten hours.



Amboseli National Park

DAY 2: AMBOSELI - KITENGTELA

Early in the morning, you can have breakfast in views of the park and visit the OBSERVATION HILL, S.E. SIDE OF AMBOSELI NATIONAL PARK, with an approximate duration of two hours. After pick up and return home in SOLES DE AFRICA where you will arrive at mid afternoon or night.



Amboseli Observation Hill

3 DAYS KENYA SAFARI

660€ person

DAY 1: MAASAI MARA NATIONAL PARK

Pick up the client at SOLES DE AFRICA at 7.30am and then proceed to MAASAI MARA PARK. We make a stopover at the view point to have a view of THE GREAT RIFT VALLEY and take pictures. We will have lunch at a hotel on our way to MAASAI MARA. Later on proceed with our journey arriving to MOUNTAIN ROCK MARA SPRINGS tented Camp around 3.00pm. At 4.00pm we won go for a first game drive and be back in the evening at the Camp for diner and over night.

DAY 2: FULL DAY GAME DRIVE AT MAASAI MARA PARK

Breakfast will be served at 6.00 am. We will carry packed lunch which we have it at a picnic site inside the park near the famous MARA RIVER and near the Kenya - TANZANIA BORDER. The Mara River is famous for its hippos and crocodiles. Also, it's across this river that millions of wild beasts cross over from Tanzania to Kenya in search of greener pastures. The phenomenon is known as "THE GREAT WILDBEAST MIGRATION". On our way back to the camp in the evening, we can pass by the MAASAI CULTURAL VILLAGE where you get to learn about the Maasai people culture, how they live, how they dress, how they light up fire, get to know about their morans among other things. Diner and overnight at the camp.



Maasai Mara National Park

DAY 3: MAASAI MARA PARK

Breakfast will be served at 8.00am and thereafter start our journey back to Nairobi. We will pass by the MAASAI CULTURAL VILLAGE where you get to learn about the Maasai people and their culture, how they live, how they dress, how they light up fire, get to know about their morans among other things. Afterwards proceed with our journey with a stopover along the way for lunch. We arrive in Nairobi in the late evening and drop you at SOLES DE AFRICA.

4 DAYS KENYA SAFARI

860€ person

Naivasha Lake & Maasai Mara Park

DAY 1: LAKE NAIVASHA

Pick up the client at SOLES DE AFRICA at 7.30am and then proceed to Naivasha Lake. We make a stopover at the view point to have a view of THE GREAT RIFT VALLEY and take pictures. We will have lunch at a hotel on our way to NAIVASHA LAKE. Later on proceed with our journey arriving at Jane Guest House at around 2.00pm. At 4.00pm, we go for a boat ride safari at Lake Naivasha to see HIPPOS, the FISH EAGLES and the KING FISHERS and thereafter return to the hotel for dinner and overnight.



Lake Naivasha

DAY 2: HELL'S GATE & MAASAI MARA PARK

Breakfast will be served at 7.00 am. Check out from Jane's Guest House and proceed to HELL'S GATE NATIONAL PARK. This is the only park in the country where you can walk or ride bikes in the park as you enjoy the scenic environment and feel the coolness of being in the wild as you interact with nature. We leave the park at 12.00 noon and go for lunch at a hotel. There after we start our journey to MAASAI MARA PARK, a 5 hours drive, arriving to Mountain Rock Mara Spring Tented camp in the evening. Dinner and overnight at the camp.

DAY 3:**MAASAI MARA PARK**

Breakfast will be served at 7.30am. We will carry packed lunch which we have it at a picnic site inside the park near the famous MARA RIVER and near the Kenya - TANZANIA BORDER. The Mara River is famous for its hippos and crocodiles. Also, it's across this river that millions of wild beasts cross over from Tanzania to Kenya in search of greener pastures. The phenomenon is known as "THE GREAT WILDBEAST MIGRATION". On our way back to the camp in the evening, we can pass by the MAASAI CULTURAL VILLAGE where you get to learn about the Maasai people culture, how they live, how they dress, how they light up fire, get to know about their morans among other things. Diner and overnight at the camp.



Maasai Mara National Park

DAY 4:**MAASAI MARA PARK - KITENGELA**

We go for a short early morning game drive in time to catch the beautiful sunrise and more animals. We return back to the camp at around 8.00 am for breakfast. After breakfast we check out and head back to Nairobi. We will have lunch at a hotel on our way back to Nairobi. We arrive in Nairobi-Kitengela in the late evening and I drop you off at SOLES DE AFRICA.

5 DAYS KENYA SAFARI

1.060€ person

Maasai Mara Park & Lake Nakuru & Lake Naivasha

DAY 1: MAASAI MARA PARK

Pick up the client at SOLES DE AFRICA Kitengela at 7.30am and then proceed to MAASAI MARA PARK. We make a stopover at the view point to have a view of THE GREAT RIFT VALLEY and take pictures. We will have lunch at a hotel on our way to Maasai Mara. Later on proceed with our journey arriving at Mt. Rock Mara Springs tented camp at around 3.00pm. At 4.00pm, we go for our first game drive and be back in the evening at the camp for diner and over night.

DAY 2: MAASAI MARA PARK

Breakfast will be served at 6.00am before leaving for a full day game drive at 6.30am. We will carry packed lunch which we have it at a picnic site inside the park near the famous MARA RIVER and near the Kenya - TANZANIA BORDER. The Mara River is famous for its HIPPOS AND COCODRILES. Also, its across this river that millions of wild beasts cross over from Tanzania to Kenya in search of greener pastures. The phenomenon is known as "THE GREAT WILDBEAST MIGRATION". Diner and overnight stay at the camp.



Maasai Mara National Park

DAY 3: MAASAI MARA PARK & LAKE NAIVASHA

Breakfast will be served at 8.00am and thereafter start our journey to LAKE NAIVASHA. We will pass by the MAASAI CULTURAL VILLAGE where you get to learn about the Maasai people and their culture, how they live, how they dress, how they light up fire, get to know about their morans among other things. Afterwards proceed with our journey arriving in Naivasha in time for lunch. After lunch we go for boat ride safari in Lake Naivasha. Later on in the evening check-in in a hotel for

diner and overnight stay.

DAY 4: HELL'S GATE & LAKE NAKURU

After breakfast, we leave for HELL'S GATE NATIONAL PARK. This is the only park in the country where you can walk or ride bikes in the park as you enjoy the scenic environment and feel the coolness of being in the wild as you interact with nature. Later on, we go back to the hotel for lunch. Check-out of the hotel after lunch and proceed to LAKE NAKURU arriving at the Cool Rivers Hotel in the evening. Diner and overnight stay at the hotel.



Hell's Gate National Park



Lake Nakuru

DAY 5: LAKE NAKURU - KITENGELA

Breakfast will be served at 7.00am. There after proceed to LAKE NAKURU NATIONAL PARK for the game drive till lunch time when we come back to the hotel for lunch. Check out at the hotel and start our journey.

7 DAYS KENYA SAFARI

1.460€ person

Amboseli, Mount Kenya/Aberdares, Lake Nakuru & Maasai Mara

DAY 1: AMBOSELI PARK

Pick up the client at SOLES DE AFRICA in Kitengela at 7.30am and then proceed to Amboseli. We will have lunch at a hotel on our way. Later on proceed with our journey arriving at Kimana Camp Tented at around 3.00pm. At 4.00pm, we go for our first game drive and be back at the camp in the evening for diner and overnight stay.

DAY 2: FULL DAY GAME DRIVE AMBOSELI

Breakfast will be served at 7.00am. At 8.00pm we start our full day game drive. We will carry packed lunch which we will enjoy it at a picnic site on top of the AMBOSELI OBSERVATIONAL HILL. It's from here that you get to admire the wonderful views of the highest mountain in Africa at a height of 5.896 meters, MOUNT KILIMANJARO. You also get to see the park and the animals as they graze or quench their thirst at the water pools. Back to the camp in the evening for diner and overnight stay.

DAY 3: MOUNT KENYA & ABERDARES PARK

Have breakfast at 6.30am and leave the camp at 7.00am for MOUNT KENYA. We arrive in time for lunch at the Bantu Mount Rock Lodge in ABERDARES NATIONAL PARK. Check in at the lodge and have a few hours of rest. Nature walks in the evening at the base of Mount Kenya /Aberdares. If the weather permits, we will be able to have a view of Mount Kenya /Aberdares. Diner and overnight stay at the lodge.



Mount Kenya



Abardares National Park

DAY 4: LAKE NAKURU & NATIONAL PARK

Breakfast at 6.00am and leave at 7.00am for LAKE NAKURU. We make a stopover at the EQUATOR LINE and at the THOMPSON FALL for viewing and taking pictures. We have lunch at a hotel on our way. An afternoon game drive at the NAKURU NATIONAL PARK till 6.30pm then proceed to Cool Rivers Hotel where we check in for diner and overnight stay.

DAY 5: LAKE NAIVASHA & MAASAI MARA PARK

Breakfast at 6.00am and then proceed to MAASAI MARA making a stopover in LAKE NAIVASHA for a one hour boat safari in Lake Naivasha. There after we proceed to Narok town for lunch. We arrive at Mt. Rock Mara Springs tented camp at around 3.00pm. At 4.00pm, we do our evening game drive till 6.00pm. Diner and overnight stay at the camp.

DAY 6: MAASAI MARA

Breakfast will be served at 6.00am before leaving for a full day game drive at 6.30am. We will carry packed lunch which we have it at a picnic site inside the park near the famous MARA RIVER and near the Kenya - TANZANIA BORDER. The Mara river is famous for its HIPPOS AND COCODRILES. Also, its across this river that millions of wild beasts cross over from Tanzania to Kenya in search of greener pastures. The phenomenon is known as "THE GREAT WILDBEAST MIGRATION". Diner and overnight stay at the camp.

DAY 7: MAASAI MARA - KITENGELA

Breakfast will be served at 8.00am and thereafter start our journey back to Nairobi. We will pass by the MAASAI CULTURAL VILLAGE where you get to learn about the Maasai people and their culture, how they live, how they dress, how they light up fire, get to know about their morans among other things. Afterwards proceed with our journey with a stopover along the way for lunch. We arrive in Nairobi in the late evening and drop you at SOLES DE AFRICA.

GENERAL TERMS & CONDITIONS

DOCUMENTATION: Valid passport up to at least 6 months after the date of departure + Internet VISA + valid COVID Vaccination certificate

VACCINATION AND TRAVEL INSURANCE: The traveler must travel with the necessary vaccines established for the country of Kenya and be in possession of accident and repatriation insurance if necessary.

MINIMUM GROUP: Trips based on a minimum departure of 2 people and a maximum of 12. Subject to the availability of places.

REGISTRATIONS: To make the reservation of the safari and place, price must be paid at least 30 days in advance by transfer bank to

BENEFICIARY: THE INTERNATIONAL HELP ALLIANCE
SANTANDER BANK
EBAN: ES84 0075 0001 89 0607111727
CONCEPT: Full customer names

*The banking report must be sent to the email info@intlhelp.org

DONATION CERTIFICATE: The user may request a donation certificate from ONGD as a contribution to local population development in Kenya and help in the mission of SOLES DE AFRICA RESCUE CENTER in Kitengela, Kenya. In compliance with Law 49/2002, of December 23, under tax regime of non-profit entities and their corresponding tax incentives

CANCELLATIONS: Once the travel reservation request has been made, any cancellation and / or withdrawal will not be entitled to reimbursement, except by force majeure demonstrated and communicated at least 15 days in advance in writing at info@turismosolidario.org in which case, once the refund is approved, 80% of the amount paid will be given back.

SERVICES INCLUDED: All exposed in this offer and according to their corresponding information. Does not include PERSONAL EXTRAS in hotels and restaurants such as drinks, laundry, communications, etc; nor the single room supplement if needed; or tips to guides, drivers, restaurants or hotel staff; nor in general any service NOT clearly specified in the program.

MODIFICATIONS: We will try to keep the prices set per person until the trip is completed. However, if the entrance fees, fuel increase, and currency exchange applied, suffer changes or fluctuation, reserves the right to apply such changes in the prices shown.



Suns of Africa Home Kitengela

THE INTERNATIONAL HELP ALLIANCE. SOLES DE AFRICA PROJECT
Serrano 205, 2ºC. 28016 Madrid. Entidad declarada como Organización No
Gubernamental para el Desarrollo por acuerdo de la Agencia Española de
Cooperación y Desarrollo -AECID- con número 20283300000481. CIF G85831659